



“I’d like you to PRINT THIS PAGE and TAPE IT TO YOUR WALL so you’ll remember to attend our very content-rich tele-class... okay?”

~ Dumari Dancoes

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### Tele-class Dial-In Detail

**Date: Tuesday, October 16, 2007**

**Time: 9 pm EST / 8 pm CST / 6 pm PST**

**Dial In: 1-712-429-0700**

**Passcode: 570859#**

**Topic: Introduction to Parenting Through Your Heart**

**Duration: 80 minutes (approx.)**

**Mute Option: \*6** (If you anticipate having background noise (children, pets, etc.), please mute your phone. Otherwise, leave it un-muted so that you can participate in class.)

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### Tips To Get The Most Out Of This Call

1. Bring pen, paper and this study guide to class with you.
2. Be ready to stretch yourself beyond your comfort zone. If you don’t normally participate in class, challenge yourself to speak up!
3. Make this call a priority. Listen to the call when you won’t be interrupted and you can give the information your full attention!

**To access your unadvertised **BONUS**, type the following link in your web browser:**

**[http://www.childrenlights.com/Classes/Bonus/affirmations\\_for\\_parents.htm](http://www.childrenlights.com/Classes/Bonus/affirmations_for_parents.htm)**

## Introduction to Parenting Through Your Heart “Notes Sheet”

The heart is associated with:

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*“Love is the most powerful force in the Universe.”*

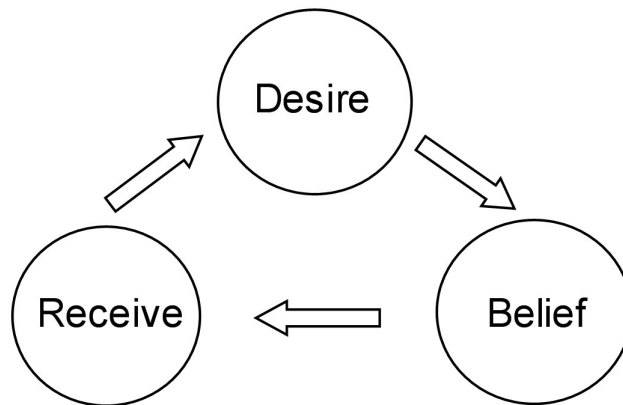
The most important question you can ask yourself is:

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In order to create your ideal family life, you have to

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# The Creation Process



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1) **The Law of Attraction:** What is the Law of Attraction and how does it relate to parenting?

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Notes:

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2) **Heart-based Communication & Discipline:** How do I discipline my very sensitive and impulsive child in a way that produces results and brings peace and calm in our home?

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Notes:

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3) **Your Intuition:** How do I know what is best for my children?

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Notes:

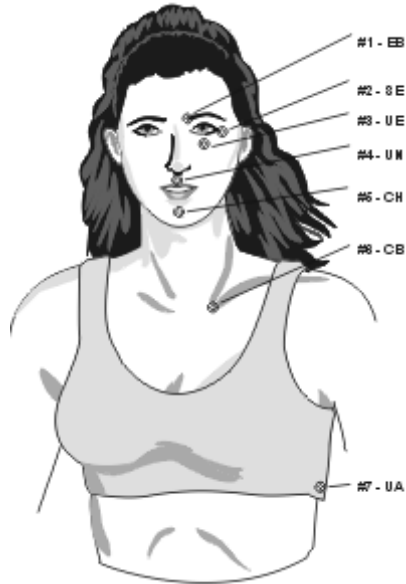
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4) **The Emotional Freedom Technique (EFT):** How do I manage and prevent my anger and frustration when my children push my buttons so that it doesn't affect the way I parent them?

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Notes:

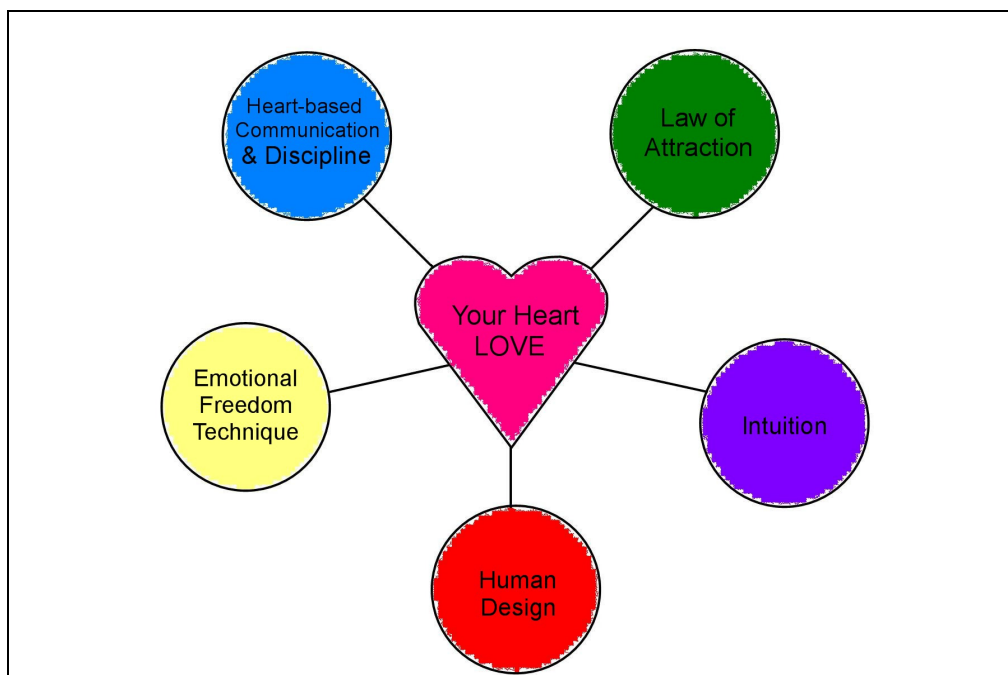
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5) **Human Design Analysis:** How do I understand and honor my child better? How do I understand and honor myself better?

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## The Parenting Through Your Heart Model:



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## “Parenting Through Your Heart” TeleClass Series

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